



# PEPPERMINT BODY BUTTER

Recipe makes 4 oz

## WHAT YOU NEED

- 1/2 Cup Shea Butter
- 2 TBSP Jojoba Oil
- Peppermint Essential Oil (20-30 drops)

## HOW TO MAKE

- In a double boiler, melt 1/2 cup of shea butter over low to medium heat.
- Once melted, add 2 tablespoons of jojoba oil and stir.
- Remove from heat and cool to semi-solid form. Can be placed in fridge or freezer to speed up the process.
- Once firm (solid but not hard) add peppermint essential oil.
- Whisk by hand or use an electric mixer until whipped.
- Spoon into container for use. Store at room temperature and use as needed. Enjoy!